

Vishnu Sahasra Nama Stotram

Shuklam Baradaram Vishnum, Sasi Varnam Chatur Bhujam, Prasanna Vadanam Dyayet, Sarva Vignoba Sandaye	1
Vyasam Vasishtanaphtharam, Sakthe Poutramakalmasham, Parasarathmajam vande, Shukathatham Taponidhim.	2
Vyasa Vishnu Roopaya, Vyasa Roopaya Vishnave, Nmo Vai Brahma Vidaya, Vasishtaya Namona Nama.	3
Avikaraya Shuddhaya, Nityaya Paramatmane, Sadaika Roopa Roopaya, Vishnave Sarva Jishnave.	4
Yasya smarana Mathrena, Janma Samsara bandhanath. Vimuchayate Nama Tasmai , Vishnave Prabha Vishnave OM Namona Vishnave Prabha Vishnave	5
Shrutva dharmaneshena , Pavanani cha Sarvasha, Yudishtra santhanavam Puneravabhya Bhashata	6
Kimekam Daivatham Loke, Kim Vapyegam Parayanam, Sthuvanatha Kam Kamarchanda Prapnyur Manava Shubham,	7
Ko Dharma sarva Dharmanam Paramo Matha Kim Japan Muchyathe Jandur Janma Samsara Bhandanat	8
Jagat Prabhum devadevam Anantham Purushottamam, Stuvan nama Sahasrena, Purusha Sathathothida,	9
Tameva charchayan nityam, Bhaktya purushamavyayam, Dhyayan sthuvan namasyancha yajamanasthameva cha,	10
Anadi nidhanam vishnum sarva loka Maheswaram Lokadyaksham stuvannityam Sarva dukkhago bhaved,	11
Brahmanyam sarva dharmagnam Lokanam keerthi vardhanam, Lokanatham Mahadbhootham Sarva Bhootha bhavodbhavam	12
Aeshame sarva dharmanam dharmadhika tamo matha, Yad bhaktyo pundarikaksham Stuvyr-archanayr-nara sada,	13
Paramam yo mahatteja, paramam yo mahattapa Paramam yo mahad brahma paramam ya parayanam	14

Pavithranam Pavithram yo mangalanam cha mangalam,
Dhaivatham devathanam cha bhootanam yo vya pitha 15

Yatha sarvani bhoothani bhavandyathi yugagame
Yasmincha pralayam yanthi punareve yuga kshaye 16

Tasya Loka pradhanasya Jagannatathasya bhoopathe
Vishno nama sahasram me Srunu papa bhayapaham 17

Rishir Namnam Sahsrasya Veda Vyaso Maha Muni
Chando aunustup stada devo bhagawan devaki sutha 18

Amruthamsu Bhavo Bhhejam Shakthir devaki nandana
Trisama hridayam tasya santhyarthe viniyuujade 19

Vishnum Jishnum Mahavishnum Prabha vishnun Maheswaram
Aneka Roopa Daityantham Namami purushottamam 20

DHYANAM

Ksheerodanvath pradese suchimani vilasad saikathe Maukthikanam
Malaklupthasanastha Spatikamani nibhai maukthiker mandithanga
Shubrai-rabrai-rathabrai ruparivirachitai muktha peeyusha varshai
Anandi na puniyadari nalina Gadha sankapanir Mukunda . 1

Bhoo padau yasya nabhi r viyadasu ranila schandra suryaau cha nether
Karnavasasiro dhaumugamabhi dhahano yasya vasteyamabhdhi
Anthastham yasya viswam sura nara khaga go bhogi gandharva dhaityai,
Chitram ram ramyathe tham thribhuvana vapusham vishnumeesam namami .
2

Santhakaram Bujaga sayanam Padmanabham suresam,
Viswadharam Gagana sadrusam Megha varnam shubangam
Lakshmi kantham kamala nayanam Yogi hrid dyana gamyam
Vande vishnum bava bhayaharam sava lokaika nadham 3

Megha syamam Peetha kouseys vasam Srivatsangam Kausthuboth
bhasithangam
Punyopetham pundareekayathaksham Vishnum vande sarva lokaika natham.
Sasanga chakram sakerita kundalam sappeethavastram saraseruhekshanam,
Sahara vaksha sthala shobhi kousthubham namai Vishnum sirasa chaturbhujam
.
4

Chayayam Parijatasys hemasimhasanopari,
Aseenamam budha syama Mayathakashamalangrutham,
Chandranana chathurbahum sreevatsangitha vakshasam,
Rukmani Satyabhamabhyam Sahitham Krishnamasraye. 5

