

Aadithya Hrudhyam

SANGALPAM

Mama chinthitha manoratha avaapthyartham aadhithya
hrudhayasthothra mahaamanthra japam karishyae

NYASAM

Ohm Asya Sri Aadhithyahruthaya sthothra mahaa manthrasya
Agasthyo bhagavaan rishi anushtupchanthaha
sri suryanarayano devatha
nirasthasesha vignadaya sarvathra
jayasidhyarthae viniyogaha

DHYANAM

Jayathi jayathi surya sapdhalokaika deepa
kirana mruthithathaapa sarvadhukkasya harthaa
aruna kirana kamyassaadhiraadhithyamoorthy
parama parama divya baaskarastham namaami

thatho yudhapisraantham samarae chinthayaa sththitham
raavanam sakratho dhroshtvaa yudhaaya samupasththitnam 1

thaiivathascha samaakamyaa thrashtu mapyaa katho ranam
upaakamyaa praveeth raamam agasthyo bhagavaan rishi: 2

rama rana mahaabaaho chrunukuhyam snathanam
yaena sarvaanareen vathsa samarae vijayashyasi 3

aadhithyahruthayam punyam sarva chathruvinaachanam
jayaavaham jabaennithyam akshayyam paramam sivam 4

sarva mangala maangalyam sarvabaapa pranachanam
chinthasoka prasmanam ayur varthana muthamam 5

rachmimantham samuthyantham devaasura namaskrutham
Bhoojyasva vivasvantham bhaaskram bhuvaneshwaram 6

sarvadevadmahom hyaesha dejaswi rachmibhaavanaha
esha devaasuraganaan logaanpaathi kapasthibi 7

esha brahmaascha vishnusch cha sivaskandha prajaapathi

mahendhrodhanadha kaalo yamassomohyaampathihi	8
pitharo vasavassaathyaa hyachvinaa maruthomanuhu vaayur vagni prajaapraana rudhukartha prabhakaraha	9
aadhithya savithaa surya kaka bhusha kabasthimaan suvarnasaathrucho bhanu hiranyaretha dhivaakraha	10
haridachva sahasraarchi saphasapthir mareesimaan thimironmthana sampu thwaashtaamaarthaanda amsumaan	11
hiranyakarpa sisira thabano bhaskaro ravihi agnikarpo athithae puthra sanga sisira naasanaha	12
vyomanaathasthamopaethi rukyajus saamabaarakaha kanavrushtirabaam mithro vindhyaveedhi plavangamaha	13
aathabee mandalee mruthyu pingala sarvadhaabanaha kavirvichvo mahadejaa raktha sarvabavothvavaha	14
naksathra grathaaraanaam athibho vichvabhaavanaha dejasamabi dejasvee dhwaadhasaadhman namosthuthae	15
nama poorvaaya kirayae pachimaayaathrayae namaha jyothiganaanaam pathayae dhinaadhipathayae nmaha	16
jayaaya jaya pathraaya haryachvaaya namonamaha namonamaha sahasraamso aadhithyaaya namonamaha	17
nama ukraaaya veeraaya saarangaaya namo namaha nama padhmaprabhodhaaya maarthaandaaya namo namaha	18
brahmaesaa naachyudhesaaya suryaayaa dhithyavarchasae paaswathae sarvapakshaaya rowdhraaya vabhushae namaha	19
thamognaaya himognaaya sathruknaayaa midhaathmanae kruthaknagnaaya devaaya jyothishaam pathayae namaha	20
dapthsaameekaraabaaya vahnayae vichvakarmanae namasthamobinignaaya rusayae logasaakshinae	21
naasayathyaesha vai bhootham thathaeva srujathi prabhu paayathyaesha thapathyaesha varshathyaesha kapisthipihi	22
esha supthaeshu jaagarthi bhoodheshuparinishtithaha esha evagnihothramsapalam saivaagni hothrinaam	23

vedhascha krathavach vaisa krathoonaam palamevacha yaanikruthyaani lokeshu sarva esha ravi prabhu	24
enamaapathsukruchraeshu gaandhaareshu payaeshusa keerthayan purusha kachin naavaseethathi raghava	25
bhujayasvaina mokaakro devadevam jagathpathim ethath thrigunitham japthvaa yudhaeshu vijyishyasi	26
asmsin kshanaemahaabahoo raavanamthvam vathishyasi evamukthvaa thathaakasthyo jagaamacha yathaagatham	27
ethachruthwaa mahadejaa nashtasoko bavath thathaa thaarayaamaasa supreetho raghava prayathaathmavaan	28
aadhithyam praekshyajapthvaadhu param harshamavaapthvaan thiriraasamya susir bhoothvaa dhanuraadhaaya veeryavaan	29
raavanam praekshyahrushthaathmaa yudhaaya samubaagamath sarvayathnae mahathaa vathae thasya thrutho (a)bhavath	30
atha ravi ravathan nireekshya ramam muthithamanaa paramam prahrushyamaanaha nishi sarapathi samkshyam vididhwaa suraganamadhyakatho vachasthvaraethi	31
suryam sundara loganathamamrutham vedhaantha saaram sivam gnanabrahmamayam suraesamamalam logaiga sidhaswayam	32
indiraadhithya nraadhipam suragurum thraiglogya chudamanim brahmaavishnu visaswaroobhahrudhayam vandhae sadhaa bhaskaram	33
pano bhaskara maartaanda sandarachmae dhivaakara ayur arogyam aichwaryam chriyam puthraamsa dhehimae	34

(Sri Aadhithya hrudhaya Sthothram Sampoomam)